



PHYSICAL EDUCATION EXCUSE NOTES

To excuse your student from physical education a note is required. A Parent note will excuse your student from 1 to 3 consecutive days maximum. A note from a Doctor is mandatory if a student is to be excused for more than 3 days. Students must bring in any notes to the Health Office as soon as they get to school. Notes are NOT to be given to the teachers.



MEDICATION: Prescription and/or Over-the-Counter

All medications require a District medication form to be completed by Parent or Guardian and Doctor. This form is available in the Health Office. When completed the form must be returned to the Health Office. Any student found with medication at school, who does not have the appropriate forms filed in the Health Office, will have their medications confiscated, and will be released only to a Parent.